



Merchants Quay Ireland

Mental Health Crisis Interventions in a Homeless Drop-in

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MENTAL HEALTH CASE WORKER

What is the Open Access Service?



Mental Health Team

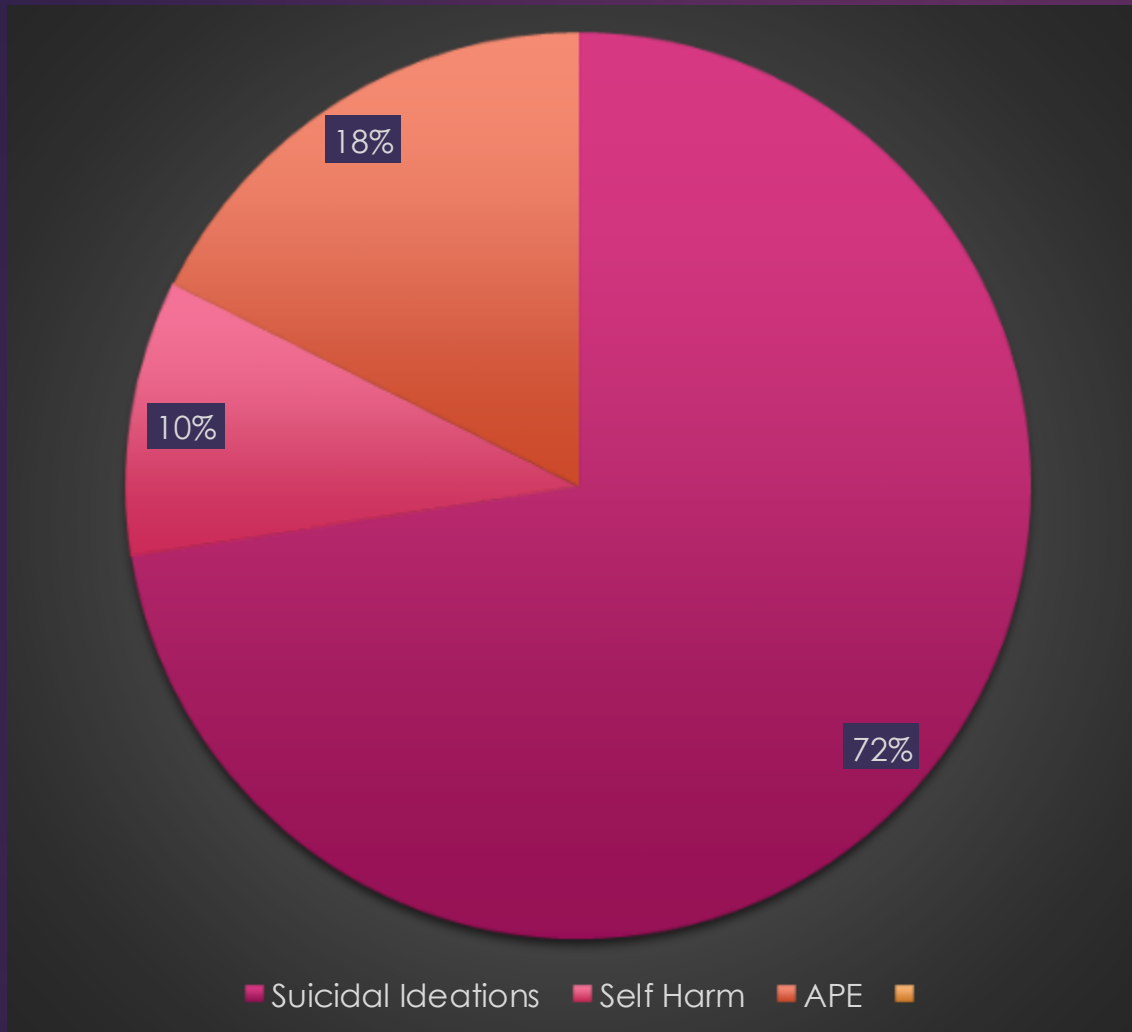
- ▶ MQI Mental Health Team currently has a Psychiatric Nurse and a Mental Health Case Worker
- ▶ We provide crisis mental health support, signposting and referrals to other Mental Health services, anxiety management, case management support and mindfulness groups



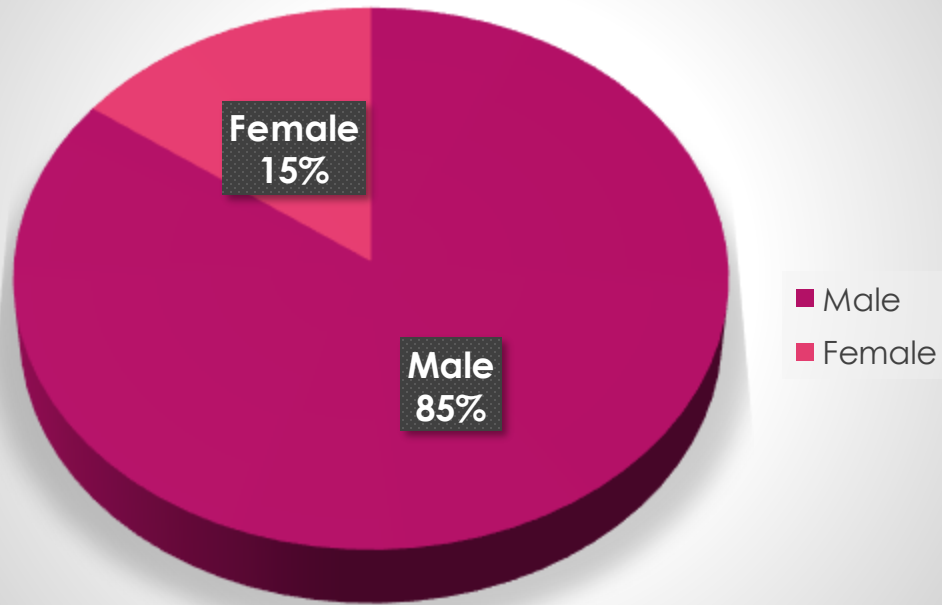
A breakdown of Crisis Interventions

From January 2019 to date we have had **102** crisis interventions with **78** individuals

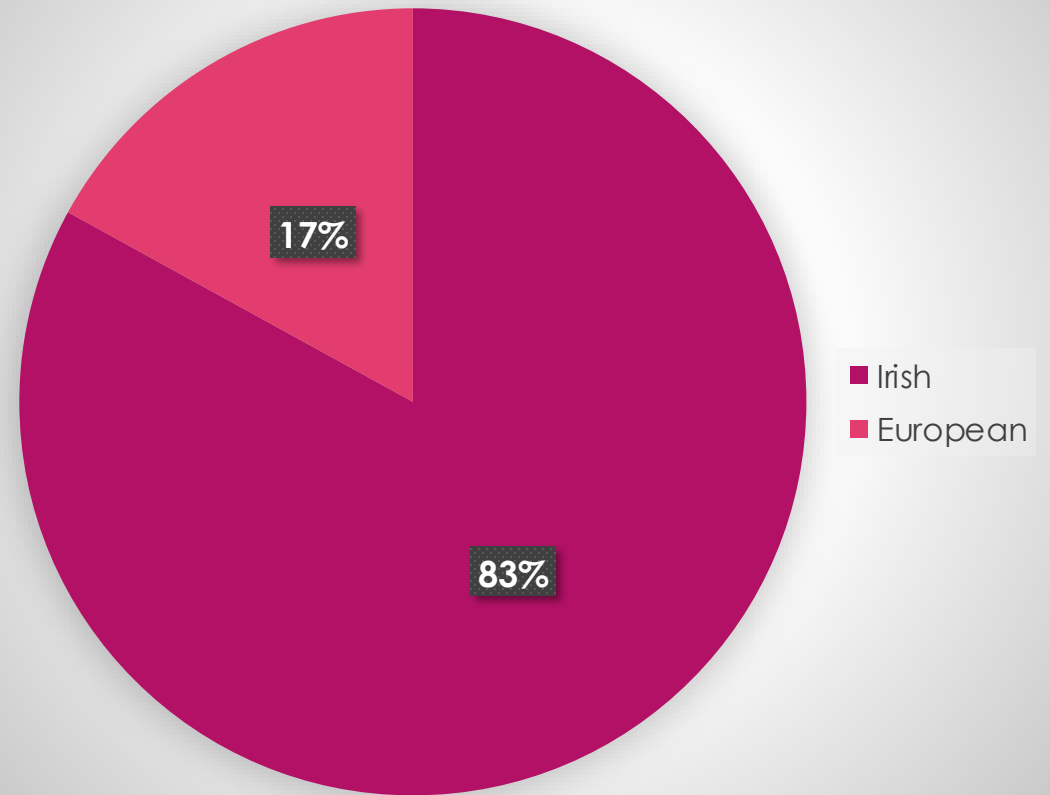
18 individuals presented on more than one occasion



Gender



Nationality



Drug and Alcohol Use

Primary Drug Use	Number of individuals
Alcohol	14
Cannabis	3
Crack Cocaine	4
Heroin	26
Tablets (Benzodiazepines)	6
Snowball (Heroin & Crack)	1
Prescription Medication	5
Prescribed Methadone	4
Drug Free	8

What we find works....

- The importance of giving our time
- Follow on appointments
- Devising safe plans
- Case management support
- Referrals to counselling

Gaps and Barriers

- UNDER-RESOURCED COMMUNITY MENTAL HEALTH TEAMS
- A NEED FOR DUAL DIAGNOSIS SPECIFIC SERVICES
- A NEED FOR COMMUNITY BASED MENTAL HEALTH SUPPORT
- A NEED FOR MENTAL HEALTH SUPPORT WORKERS WITHIN HOMELESS HOSTELS

Thank You!